

Vicksburg Tang Soo Do Karate, LLC

May 2008

Midnight Blue Ceremony and Fun

Mark your calendar!

- May 2: Gup Testing at 6 PM, no class
- May 8: Promotion and Potluck dinner for our newest Midnight Blue Belts
- May 26: Memorial Day, no classes

Congratulations to Rachel Green, Barry Bingham, William and James Poe on successfully completing their testing for Midnight Blue Belt on April 19!

The candidates all did a great job on their tests and will be officially promoted on Thursday, May 8, 2008 at 6 PM.

The ceremony will be followed by a potluck dinner at the school. Please sign up to bring a dish and come to congratulate and celebrate with these four members of our karate family.



Candidates talk to the Shim Sa during testing.

Pyung Ahn

Well balanced

Calm

Peaceful

Safe

Confident

Comfortable

We will be making a few changes to our schedule to better meet the needs of our students, instructors and families.

Our Midnight Blue Club classes will now be held on Monday and Thursday

Schedule Changes

nights at 6 PM. These classes are for green belt students and above. Skills include Dan testing basics and kicking drills. Additional training in weapons, advanced sparring and intense form instruction

heighten the training experience.

Reminder: All green belts and above are invited to join the Midnight Blue Club. This class is \$10 more per month.

1302 Adams Street
Corner of Clay and Adams at the Southern
Cultural Heritage Center
601-883-0020



Tang Soo Do Karate

We promote self-discipline, respect and personal growth in a family friendly environment.

**We're on the web:
www.vicksburgtangsoodo.com**

Always remember — whether you think you can or you think you can't, you're probably right.

Thanks

There is so much work that goes into keeping our school working and running well and we would like to take a few moments to thank those who work so hard to aid in the progress.

Many thanks to all the people who have worked so hard to help clean and prepare the school for training and the test.

To those who have dedicated hours of training to be great leaders in our school.

To the one who is training me in Quickbooks and general finance fitness classes.

To Mrs. Green for all her printing and record keeping skills.

To our parents for their hours of "put and take" and support of practice and life lessons.

To our students who, without whom, we would not exist nor be able to share our love of the martial arts and its Moo Do.

Training Camps & Clinics

This is one of the most important development opportunities the student has available to him/her. Although not required, we highly recommend the student take full advantage of these extracurricular events for a more well rounded development. A student's "Indomitable Spirit" will be tempered and strengthened by these events.



Master Bailey gives a demonstration of the preparation of moves during the seminar on April 19. Other skills included joint lock basics and nunchucka training.

Women's Self Defense

Women: Do you have a group of friends that would be interested in a self defense class? We can offer a two hour class for your friends, church group, Bunko or Pokeno group.

Get your friends together and set a date. Be better prepared to avoid a confrontation if you ever need to. Classes generally cost \$25 per person.